

## National workshop on Integrated healing to be organised from April 25 to 27

NATIONAL workshop on Integrated healing is going to be organised from April 25 to 27 at Sanchi University of Buddhist-Indic Studies in Raisen. Cheig guest of the event will be Narottam Mishra, Health and Family Welfare Medical Education Minister.

It has to be mentioned that, earlier Sanchi University of Buddhist-Indic Studies has conducted Lecture Series- Tattvabodhani, Prof Ramesh Pandya, Retd Scientist, ISRO, Ahmedabad delivered a lecture on the topic 'Vigyan aur Adhyatma ki Sahyatra'. He started his talk with the appraisal of women power and greeted the presence of females on the dais and audience on the occasion of International Women's Day. He begins the journey of Adhyatma from sukshma to virat and start to end. Satya is the only object of Vigyan and Adhyatma. The reality that exist for ever and which can't be changed with time is Satya. The mula from which science and spirituality originates is Tattva. Science is trying to discover the Karan tattva from which srsti-utpatti takes place. He quoted the Mandukya Upnishad for explaining the Om with its component. He tried to track the path from sukshma to Bramhand; from God particle to proton-electron-

neutron to black hole. Panchatattva has been considered as body part of Bramha in our Vedic scriptures. Surya is the Atma for Prithvi. The sadhan through which science is trying to travel the Panchmahabhuta is Earth station, Space station, immensely powerful camera, optical microscope, radio telescope, Marsh explorer rover (MER). The sadhan adopted by Adhyatma is Upnishad, Maharshi Valmiki (Adi Kavi), Goswami Tulsidas, Kumbh Mela and Yoga. Prakriti is absolutely based on science, it is the cause of all causes. Brahma tattva or mula tattva are devoid of karan. Dharma delivers dheyta however science delivers sadhan. Dharma must have two eyes of Science said by Einstein. He has given logical comparison of Purusha-prakriti with energy and mass.

Mind is the useful tool for science. He talked in detail about our inner world i.e. Antahkaran which comprises of Man, Buddhi, Chitta and Ahankar. The best way to control the Man is to observe the incoming thoughts, not involving in the thoughts. The basic methodology of meditation is being in drasta bhav. The combination of Gyata-drashta is the start of liberation. Chitta is the energy that remains indulged in search of such. So it is essential for stability of Chitta that pleasure be inside. Integrated healing is expected to focus on these topics as well.

दैनिक भास्कर

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भोपाल

### सांची यूनिवर्सिटी में तीन दिवसीय कार्यशाला 25 से

भोपाल स्वस्थ, सुखी समृद्ध देश की परिकल्पना को साकार करने के उद्देश्य से सांची विश्वविद्यालय, किसी भी बीमारी की प्रारंभिक अवस्था मालूम होने पर विभिन्न चिकित्सा प्रणालियों के जरिए व्यक्ति को निरोग करने का तंत्र विकसित करना चाहता है। ऐसा सूत्र विकसित किया जाए कि शुरुआती लक्षणों को देखकर ही बीमारी को समूल नष्ट किया जा सके। इसी उद्देश्य के तहत 25 से 27 अप्रैल तक समन्वित चिकित्सा कार्यशाला का आयोजन किया जा रहा है। इसमें आयुर्वेद, योग एवं प्राणायाम, पंचकर्म, तिब्बती चिकित्सा, यूनानी, रसशास्त्र एवं सिद्ध, रैकी, चुंबक चिकित्सा, गंध चिकित्सा, फ्लोवर थेरेपी, एक्यूप्रेशर, एक्युपंचर जैसी अलग-अलग चिकित्सा विधाओं के विशेषज्ञ विद्वान विश्वविद्यालय में जुटेंगे। सांची विवि के समन्वित चिकित्सा केंद्र से जुड़ी जानकारियां [www.integheal.sanchiuniv.org.in](http://www.integheal.sanchiuniv.org.in) से प्राप्त की जा सकती है।

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## Workshop on healing models to begin at Sanchi University tomorrow

■ Staff Reporter

IN ORDER to achieve the concept of healthy, prosperous and happy Bharat, the Sanchi University of Buddhist-Indic Studies, through its Centre of Integrated Healing, is trying to synergistically converge all the healing models on conceptual grounds.

The eminent scholars of various healing modules from all parts of the country would grace the occasion during April 25-27. The inaugural function shall take place on April 25 at 10.30 am. Through this workshop, the researchers would indulge in the process of intense discussion and debate to find out the philosophy of genesis of disease, philosophy of treatment and philosophy of instrument of healing.

With the help of inputs received during the workshop, an algo-

rithm would be built up, which would be acceptable to all healing models. Integrated Healing has the potential to emerge as the USP and speciality of the University.

In the larger part of the world, especially India and eastern countries, the healing model, based on philosophy and tradition, has always been there.

The main objective of the workshop on Integrated Healing is to evolve a comprehensive and compassionate healthcare system, offering seamless synergetic integration of effective complementary and conventional approaches to promote natural module of holistic healing. With the experience and knowledge of the esteemed dignitaries, we hope to develop a common understanding of all pharmacological and non-pharmacological healing systems, about the philosophy of gene-

sis of disease, philosophy of treatment and philosophy of instrument of healing.

Dignitaries of various healing models would grace the occasion from all corners of the country.

In this workshop, the experiences of Dr Babu Joseph (Ex-Director, National Institute of Naturopathy), Prof M S Baghel (Ex-Director, Gujarat Ayurvedic University, Jamnagar), Dr Kumar Dhawale (Principal, M M Dhawale Memorial Homeopathy Hospital Mumbai), eminent psychotherapist from Mumbai Dr Girish Patel, Dr Advity Goswami, Reiki specialist from Bhopal, Dr Padma Gurmeet, Scientist IV from National Institute of Sowa Rigpa, Leh Ladakh, Dr Satish Dattatreya Pathak from Kuvalyadhan, Lonavala, Maharashtra would be explored.

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# CityLine

## National meet on integrated healing commences at Sanchi University



Workshop on Integrated Healing commenced at Sanchi University.

■ Staff Reporter

WORKSHOP on healing systems was organised at Sanchi University of Buddhist- Indic Studies. This workshop is aimed towards finding a way out towards integrating various medical systems and practices while also preserving our ancient knowledge and healing systems. The three-day workshop is attended by around 50 experts and specialists of various medical streams like alopahy, homeopathy, Ayurveda, Yunanai, Siddha, Yoga, Sowa Rigpa, Reiki and Naturopathy. Would be grateful for the coverage of the workshop in your esteemed publica-

tion. Through this workshop, the researchers shall indulge in the process of intense discussion and debate to find out the philosophy of genesis of disease, philosophy of treatment and philosophy of instrument of healing. With the help of inputs received during the workshop, an algorithm shall be build up, which shall be acceptable to all healing models. Integrated Healing has the potential to emerge as the USP and specialty of the University. The workshop will conclude on April 27

In the larger part of the world especially India and eastern countries, the healing model based on philosophy and tradi-

tion has always been there. These healing models based on environment and local resources been largely exercised. Dignitaries of various healing models shall grace the occasion from all corners of the country. In this workshop we shall explore the experiences. The main objective of the Workshop on Integrated Healing is to evolve a comprehensive and compassionate health care system offering seamless synergetic integration of effective complementary and conventional approaches to promote natural module of holistic healing. With the experience and knowledge of the esteemed dignitaries, we hope to develop a common understanding of all pharmacological and non-pharmacological healing systems about the philosophy of genesis of disease, philosophy of treatment and philosophy of instrument of Topics involving Cardinal Points, Synergetic convergence of all healing models, Capitalizing the experiences of traditional healers and Training of individuals for facilitating health services to remote areas will be dicussed.

## Integrated healing workshop: Contemporary care for holistic health

■ Staff Reporter

SANCHI University of Buddhist-Indic Studies has taken a unique initiative with a subtle objective to bring radical changes in the sphere of health care and treatment by integrating various existing health care systems like Allopathy, Homeopathy, Unani, Ayurveda, Siddha, Sowa Rigpa, Yoga and Reiki.

The three-day national workshop on Integrated Healing was inaugurated other day by the Principal Secretary of Culture, Government of Madhya Pradesh Manoj Shrivastava. The Vice Chancellor of Sanchi University, Professor Shashi Prabha Kumar presided the ceremony. The theme of the workshop was based on knowing the genesis of any ailment and alleviating it so as to facilitate the health seekers an integrated contemporary and traditional health care system for holistic health. The Registrar of the University and IPS Officer Rajesh Gupta highlighted the



Integrated healing workshop under way at Sanchi University.

motive behind the organization of this workshop and told that the Mother Nature has bestowed us with a rare gift of self healing. He elaborated his talk by citing an example that if we could be able to know before the occurrence of malaria even before the bite of mosquito then the entire philosophy related to health system may be redefined. If it happens then we may be able to develop a eco-

nomical, easy and effective health care system.

The chief guest of the programme Manoj Shrivastava in his speech raised the question that the methodologies we have developed so far are contradictory to the Nature or not? He explained the meaning of Svasthya and stated that position of self in self is Svastha. He criticised Pharmaceutical Industry for their

unethical research and strategy that on the foreground of doubt they hide the real knowledge and have their own professional ends. He further added that in ancient India there was a simple and effective health mechanism in which grandparents were quite conversant in treating any diseases in its primary stages and Vaidyas were called for only serious diseases. K Ravi, Joint Adviser (Siddha) from

the Ministry of Aayush, New Delhi, assured all the help and support while appreciating efforts of the Sanchi University in Integrated Health domain. The Vice-Chancellor of Sanchi University Prof. Shashi Prabha Kumar in her presidential speech remarked that in Ayurveda, a lot of emphasis is laid down on balancing elements related to fire, air and water so as to remain cheerful and healthy. She stated that alternative medical treatment has its own limitations hence it is imperative to proceed towards integrated health system and find solution through integrated thought process.

In the first session on Allopathic treatment, Prof. Girish Patel said that it is need of the hour to work in integration that too without any prejudice.

Dr. Rajesh Sharma from Narmada Hospital, Bhopal told that in curing of any disease, mind and emotions play a significant role. In this Three Day Long National Workshop there will be 9 technical sessions till April 27.

# सिटी

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**4 प्रदेश टुडे** भोपाल, बुधवार, 27 अप्रैल 2016

## प्रकृति में सभी व्याधियों का निदान : डॉ. केसवानी

भोपाल। सांची बौद्ध-भारतीय ज्ञान अध्ययन विश्वविद्यालय में जारी समन्वित चिकित्सा राष्ट्रीय कार्यशाला के दूसरे दिन नेचुरोपैथी, होमियोपैथी, सिद्ध और सोआ रिग्पा के विशेषज्ञों ने विचार रखे। पुणे के पूर्व निदेशक डॉ. बाबू जोसेफ ने कहा कि उपवास शरीर को स्वस्थ करने का सबसे अच्छा तरीका है। डॉ. ज्योति केसवानी का कहना था कि प्राकृतिक नियमों का पालन ना करना ही व्याधि की उत्पत्ति का कारण है। प्रकृति में सभी व्याधियों का निदान है। कार्यक्रम को डॉ. विवेक भरतीया, होमियोपैथी में डॉ. कुमार धवले, वर्ल्ड सिद्ध ट्रस्ट के अध्यक्ष डॉ. सेल्वा शनमुगम, धर्मशाला से आए डॉ. नामन्यान क्यूसार और राष्ट्रीय सोआ रिग्पा संस्थान लेह से आए वैज्ञानिक डॉ. पद्मा गुरमीत ने भी संबोधित किया।



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# सिटी

**4 प्रदेश टुडे** भोपाल, मंगलवार, 26 अप्रैल 2016

## सांची विवि में समन्वित चिकित्सा पर राष्ट्रीय कार्यशाला आयोजित

भोपाल। एलोपैथी और होमियोपैथी। यूनानी और आयुर्वेद। सिद्ध और सोआ रिग्पा। या फिर योग और रेकी। इन प्रणालियों से समन्वित चिकित्सा प्रणाली विकसित करने और स्वास्थ्य से जुड़ी हमारी मौजूदा सोच को क्रांतिकारी तौर पर बदलने की उद्देश्य से सांची बौद्ध-भारतीय ज्ञान अध्ययन विवि ने अनूठी पहल की है। बीमारी की उत्पत्ति, उसे जानने और निवारण के दर्शन के सहारे आधुनिक और पारंपरिक चिकित्सा पद्धतियों से व्यक्ति को निरोगी और दुबारा बीमार ना पड़ने देने का तंत्र विकसित करने के उद्देश्य के साथ कार्यशाला का उद्घाटन मंत्र के प्रमुख सचिव संस्कृति और वाणिज्य कर विभाग मनोज श्रीवास्तव ने किया। अध्यक्षता विवि की कुलपति प्रो. डॉ. शशिप्रभा कुमार ने की। कार्यशाला के उद्देश्य पर प्रकाश डालते हुए पुलिस महानिरीक्षक और सांची विवि के कुल सचिव राजेश गुप्ता ने कहा कि प्रकृति ने हमें खुद से ठीक होने की जबरदस्त हीलिंग प्रणाली दे रखी है लेकिन हम उसका सही इस्तेमाल नहीं कर रहे।



## चिकित्सा पद्धतियों का समन्वय जरूरी : गौरी सिंह

संपूर्ण स्वास्थ्य प्रणाली पर सांची विवि में कार्यशाला

एजुकेशन रिपोर्टर | भोपाल

हमें सभी चिकित्सा पद्धतियों के समन्वय के लिए एक प्रमाणिक कार्य प्रक्रिया विकसित करना होगी, तब ही यह विश्वसनीयता और जन-सुलभता को प्राप्त कर सकेंगी। यह बात लोक स्वास्थ्य एवं परिवार कल्याण की प्रमुख सचिव गौरी सिंह ने सांची बौद्ध-भारतीय ज्ञान अध्ययन विश्वविद्यालय में कही। विवि में मौजूदा चिकित्सा पद्धतियों के साथ समन्वित चिकित्सा प्रणाली

विकसित करने के उद्देश्य से कार्यशाला का आयोजन किया गया था। प्रमुख सचिव स्वास्थ्य ने गहन अनुसंधान और दस्तावेजीकरण की भी आवश्यकता बताई, ताकि प्रक्रिया को वैश्विक स्तर पर सिद्ध किया जा सके। उन्होंने इस मौके पर सांची विवि को प्रस्तावित केंद्र के लिए हरसंभव सहयोग का भरोसा भी दिया। विवि की कुलपति डॉ. शशिप्रभा कुमार ने कहा कि विभिन्न विधाओं के चिकित्सकों का एक साथ आना काफी अच्छा प्रयास होगा।

TheHitavada

BHOPAL ■ Thursday ■ April 28 ■ 2016

## Sanchi University to develop first of its kind Integrated Healing Centre in MP

National Workshop on Integrated Healing organised by Sanchi University concludes

■ Staff Reporter

AROUND 60 renowned medical practitioners and scholars participated from different parts of the country in the three-day long national workshop on Integrated Healing.

During the three-day, efforts were made to develop a primary and conceptual understanding about Allopathy, Homeopathy, Unani, Ayurveda, Siddha, Naturopathy, Sowa Rigda, Yoga and Reiki with a subtle aim to know the genesis, methods of knowing and remedial measures on the basis of philosophical foundation.

The deliberations resulted that, the university could work as a facilitator to bring out integration among all the healing systems and it will play an unbiased role in this regard. The Ministry of Aayush, New Delhi assured all the help and support to the university in Integrated Health domain.

The three-day long National Workshop on Integrated Healing organised by Sanchi University of Buddhist-Indic Studies was concluded successfully on Wednesday. The chief guest of the valedictory ceremony, Gauri Singh (IAS), Principal Secretary, Ministry of Public Health and Family Welfare, Government of



National Workshop on Integrated Healing concluded at Sanchi University.

Madhya Pradesh applauded the initiatives and efforts taken by Sanchi University to facilitate a common platform to all the health providers for offering holistic health to commoners. She also highlighted an urgent need to pursue high level of research and documentation to prove the results at the global level. She assured all the support to the proposed centre of the university.

The ceremony was presided by Vice-Chancellor of the University, Prof Shashiprabha Kumar. In this three-day long workshop, before the valedictory ceremony, there were two sessions on Reiki, Sujok and Yoga. In the session devoted to Sujok, Dr Pavan demonstrat-

ed the techniques to alleviate physical suffering by proving pressure to specific points located in the hands and feet whereas in the session based on the theme of Reiki, the expert Usha Soni discussed about mind, body, chakras and energy to diminish doubt, fear and develop an environment of faith and positivity. She highlighted that, the seven chakras of our body have the power to fight with all kinds of ailments.

This workshop of the university proved to be successful in setting the tone for establishing the centre for integrated healing to meet the set objectives of the centre.